



Remembering President Mildred Harpole

The year is 1964. Brown v. Board of Education was supposed to have integrated American schools over the past decade. But most school districts put the work in to make sure white and black kids actually ended up sharing a classroom.

Segregation was still very much a reality.

In 1960, a survey of Milwaukee Public Schools found that inner-city schools were still 90% black. And the non-white students who went to majority-white schools were often segregated within the schools themselves and still weren't served in cafeterias.

On May 18, 1964, a one-day boycott was organized. Sixty percent of Milwaukee's inner-city children stayed out of school. That's 11,000 kids missing class for equality. The next year, with little overall changes in the public schools, another three-day boycott was held.

During those four days, Freedom Schools were set up across the city, where dozens of parents and clergy became impromptu teachers who worked with thousands of youths, talking about the effects and systems of racism that brought about this mess. Harpole was an educator with a law school education. In fact, she was the first African American woman in Milwaukee to receive a law degree. She kept on teaching during the peaceful protest.

Harpole worked for the Department of Housing and Urban Development in Milwaukee. She was a lifelong advocate for racial housing equality.

She would go on to become president of the Eta Phi Beta Sorority, chair the Harambee Health Center (now known as the Isaac Coggs Heritage Health Center) and was the administrator of the Harambee Community School.

Her lifelong devotion to Milwaukee's youth and vulnerable earned her many honors.

Milwaukee Magazine, October 31, 2019



"Not For Ourselves, But For Others"



SAY IT LOUD...
I'M BLACK
AND I'M PROUD.

- JAMES BROWN

Black History Month is an annual celebration where we take time to recognize and remember the achievements of African Americans.

This month, we thought you would enjoy reading about the experiences and encounters of those sorors who have been directly or indirectly involved, influenced, and/or instrumental in different aspects of our African American History.

We highlight sorors who:

- Have had the privilege of meeting or have walked hand in hand with African American greats.
- Experienced segregation and the Jim Crow Law up close and personal.
- Participated in marches, demonstrations, and sit-ins.
- Are direct descendants of African American Greats.
- Were firsts... being on the front line to break the color barrier in the work place, at school and everyday life.

On the following pages, we will share just a few!

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Carolyn Jackson,

Alpha Psi Chapter, Western Region

Rev. Martin Luther King Sr. and Family
Rev. Martin Luther King Sr, the Pastor of Greater Ebenezer Church, and the father and namesake of Civil Rights Leader Martin Luther King Jr baptized me at a young age. Rev. King Sr, his wife and children would often share Sunday Dinner with my family after church. There was always a good aura in the room when the King family was present.

“Getting a good education, and treating people with dignity was often quoted by Martin Luther King Sr”. His daughter was my English Instructor at Spellman College, and my family, the Church Congregation, attended Dr. Martin Luther King Jr, Installation Service in 1954 at Dexter Baptist Church in Montgomery Alabama.



“Not For Ourselves, But For Others”

Pamela J. Barrett-Rain
XI Chapter, Southern Region

1. First Class to integrate Ezekiel W. Cullen Junior High School - Fall 1965
2. Met Barbara Jordan - High School commencement speaker - San Jacinto High School - 1970
3. Met Maya Angelou - University of Houston, Speaker
4. Met Jesse Jackson - Presidential campaign - Houston Texas
5. Met Dorothy I. Height - Aunt Jamima Pancake Breakfast - Houston TX

Soror Dr. Brenda A. Washington
Epsilon Eta Chapter, Southern Region

1. First U.S. Federal Special Agent in my family.
2. First woman hired full-time in the Communication Division at my college.
3. First African American female hired full-time in the Communication Division at my college.
4. First African American female to teach for Alvin Community College in Speech Communication and in partnership with the Texas Department of Justice Prison System.
5. Met and talked with Actress Ruby Dee (exchanged hugs), actor and director Spike Lee, and more.
6. Great niece of Civil Rights Foot Soldier Mrs. Odessa Warrick (Army Nurse), also known as “The Warrior.”



Fran M. Whitcomb
Alpha Rho Chapter, Mideastern Region

Soror Whitcomb has been a member of Eta Phi Beta Sorority, Incorporated for more than 30 years and is recognized for the following:

- 1966-First Black Female Meter Maid in Greensboro NC
- First Black Female Sworn Police Officer, City of Greensboro
- 1972- First Black Female Detective at Guilford County Sheriff Department
- 1978- First Female to ever be elected as an Investigator for Guilford County.

Georgia Shephard
Alpha Rho Chapter, Mideastern Region

Soror Shephard met Dr. Martin Luther King, Jr. when he pastored at Dexter Avenue Baptist Church and saw him baptize her son's Godfather Mr. Arthur Odell Glass of Montgomery, Alabama.

She also had the opportunity to meet Leontyne Price, the opera singer, when she was a student at the University of Alabama.

Claudette W. Tolbert
Omicron Chapter, Southern Region

My first-hand experience with Jim Crow law and segregation was in the second grade.

My oldest sister is ten years older than I am. She was taking me to school on a public transportation bus. She paid our fare and as we walked on, the bus was crowded. A number of Black people were standing, holding on to straps at the top of the bus. I saw an empty seat and sat down. My sister immediately snatched me up and said with a quivering voice, "You have to stand up and hold my hand." I said, "why can't I sit here." She just replied, "shut-up." As I got older, I remember the screens on the back of the seats on the bus. I know I had to sit behind the screens. Sometimes, white boys would put the screens on the last two-seats and sit in front of it. The whole bus would be empty, but we could only sit on the last full-row seat in the back of the bus.

We all paid the same fare, but we were denied the same privilege.

"Not For Ourselves, But For Others"

Annie RoVaris

Omicron Chapter, Southern Region

I had the experience of marching in the Dr. Martin Luther King parade in the lower ninth ward. The year was 1988. I gave my daughter, age nine at the time, the opportunity to share in Dr. Martin Luther King's vision for peace and unity for people of all colors. She and I marched arm and arm locked with the Rev. Jesse Jackson and Rev. Avery Alexander. We marched from Caffin Avenue, in the lower ninth ward, straight into the Municipal Auditorium. We took a front row seat and listened to the injustices in our society.

My Jim Crow experience took place at the age of seven. The year was 1955. I was at a Woolworth store in the uptown Carrollton Avenue area. I was as a child and very thirsty. I saw the water fountain and took a drink. I paid no attention to the bold signs over each fountain WHITE ONLY on one fountain and the other was COLORED ONLY; I just drank. Immediately, the store manager hissed at me, took me by my collar and escorted me out the store with my mother; saying, "coloreds can't drink from a white fountain". I turned to him and said "water doesn't have color, it's "clear". I truly didn't know what that was about. His last words were, "don't you ever come in here again." When I got home, I ran to tell my dad of the incident. As I got older and learned all about segregation, it opened my eyes to the prejudice of people's hearts.

Soror Charlotte J. Washington

Epsilon Eta Chapter, Southern Region

1. First Vice President of the African American Association Student Union at the University of Alabama.
2. First National Panhellenic Council – Houston Foundation President.
3. Chartering President and First President of Psi Mu Omega Chapter of Alpha Kappa Alpha Sorority, Inc.
4. Founding President of McGhee Chapel Missionary Baptist Church Young Ladies Missionary Society (Junior Mission).
5. Great niece of Civil Rights Foot Soldier Mrs. Odessa Warrick (Army Nurse), also known as "The Warrior."

Soror Marcia William







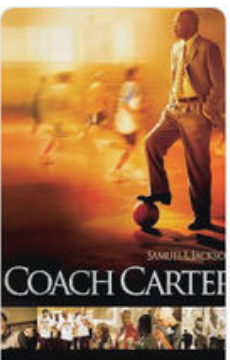







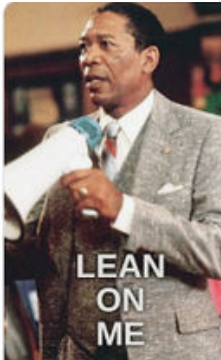
Tau Chapter, Southern Region

I would like to submit my uncle Capt. Riley Leroy Pitts. He was the first African American officer to receive the Congressional Medal of Honor. He has been also been recognized with a journalism scholarship in his name at Oklahoma University, a rifle range in his honor at Ft. Sill Army Base, Lawton Oklahoma, the National Museum of African American History in Washington, DC, the public relations room in the pentagon as well as a U. S. Army building in Germany.

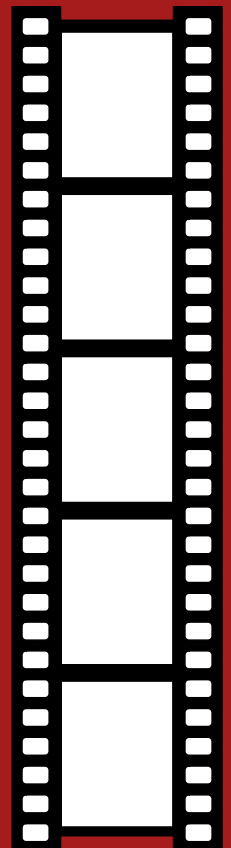
"Not For Ourselves, But For Others"

Black History Month Movie Watch

There are lots of ways to celebrate Black creativity; the easiest is checking out a few movies and shows with Black casts or centering the perspective of Black people. You never know how you'll connect or relate. So whatever your endgame is this Black History Month, here are some of the best or most popular titles to help you curate your watchlist.

 <p>Till BLACK PANTHER PARTY BASED ON THE TRUE STORY DANIEL KALABRENO DANIEL KALABRENO DANIEL KALABRENO</p>	 <p>WILL SMITH EMANCIPATION ATV+</p>	 <p>WILL SMITH King Richard FROM THE BOOK BY KEVIN MEADE AND DAVID GREENGLASS ATV+</p>	 <p>JUDAS AND THE BLACK MESSIAH ATV+</p>	 <p>ONE NIGHT IN MIAMI... MALCOLM X MUHAMMAD ALI JIM BROWN SAM COOKE FROM JORDAN PECK AND LINDSEY HAY ATV+</p>
<p>Till Black 2022 · 2h 10m</p>	<p>Emancipation Black 2022 · 2h 12m</p>	<p>King Richard Black 2021 · 2h 26m</p>	<p>Judas and the Black Messiah Black 2021 · 2h 6m</p>	<p>One Night in Miami... Black 2021 · 1h 50m</p>
 <p>THE HATE U GIVE</p>	 <p>COACH CARTER SMURILL JACKSON</p>	 <p>MISS EVERS' BOYS</p>	 <p>LAST STOP FRUITVALE STATION</p>	 <p>HIDDEN FIGURES ATV+</p>
<p>The Hate U Give Black 2018 · 2h 13m</p>	<p>Coach Carter Black 2005 · 2h 16m</p>	<p>Miss Evers' Boys Black 1997 · 1h 58m</p>	<p>Fruitvale Station Black 2013 · 1h 25m</p>	<p>Hidden Figures Black 2016 · 2h 7m</p>
 <p>Tina ATV+</p>	 <p><i>The Birth of a Nation</i> ATV+</p>	 <p>BLACKK KLANSMAN ATV+</p>	 <p>JUST MERCY</p>	 <p>LEAN ON ME</p>
<p>What's Love Got to Do wit... Black 1993 · 1h 58m</p>	<p>The Birth of a Nation Black 2016 · 1h 54m</p>	<p>BlackKkKlansma Black 2018 · 2h 14m</p>	<p>Just Mercy Black 2019 · 2h 16m</p>	<p>Lean on Me Black 1989 · 1h 48m</p>

"Not For Ourselves, But For Others"



#Love My Chapter Contest

Kappa Chapter's (Los Angeles, CA) partnership with the organization Love in Action. This organization provides a yearly distribution of blankets and tarps for the homeless population in the Los Angeles area. Kappa Chapter contributed 26 blankets toward this project, and also assisted with general distribution on Skid Row, on Saturday January 20, 2024. Total items distributed consisted of 160 blankets, 50 sack lunches, 40 tarps, 10 tents, witnessing tracts and miscellaneous items of clothing.



love



Our **Chapter Epsilon Beta** has "Sisterhood Events"; these are our bonding times that serve as an empowering platform to lift one another and promote mutual support and respect. We've formed a team cohesiveness that allows us to go into our communities and accomplish community projects every month.

During our "Sisterhood Events", as a group, we attend cultural events, have dinner, see shows, have Zoom chat sessions, laugh, talk, and truly enjoy each other's company.



"Not For Ourselves, But For Others"

#Love My Chapter Contest



KAPPA CHAPTER Eta Phi Beta Sorority, Incorporated is an example of busy bees engaged in community service work and receiving assistance from The Buffalo Soldiers to deliver 300 bags of cleaning products to the Downtown Women's Center in the heart of Skid Row.



Delta Kappa Chapter sorors showing love and support to Carolotta Forester Langford in celebration at the Ribbon Cutting Ceremony of a new worship facility for herself and her pastor husband, Bishop Harvey Langford.

#Love My Chapter

Delta Chapter

Celebrating and showing Love to our Sorors during our quarterly birthday celebration with a Bonus Holiday Party

Jeanette H. Eagle
President

"Not For Ourselves, But For Others"

Romantic Dinner for Two

featuring

Beef Wellington, Melting Cauliflower, and
Strawberry Cheesecake Bon Bons

Ingredients for 2 servings

Beef Wellington

MUSHROOM MIXTURE

- 8 oz mushrooms
- 1 clove garlic
- ½ teaspoon salt
- ½ teaspoon black pepper
- fresh thyme, to taste
- 12 oz beef tenderloin, 2 tenderloins
- 2 tablespoons oil, for searing
- 2 tablespoons english mustard, to taste
- ¼ lb sliced ham
- 1 sheet puff pastry, thawed, rolled-out, and cut into 2 - 7x7in (18x18cm) squares
- egg wash, 1 egg beaten with 1 tablespoon water

Preparation

- In a food processor, place mushrooms, garlic, salt, pepper, and thyme and blend into a fine paste (about 30-60 seconds).
- Transfer to a medium-sized frying pan, being sure to spread it evenly across the bottom of the pan.
- Cook the mushrooms over medium-low heat while stirring frequently. After about 7-10 minutes the mushroom mixture should shrink to half the original volume and begin to form a paste.
- NOTE: The goal here is to cook off the bulk of the water inside the mushrooms. This'll keep the puff pastry from being too mushy at the end.
- At this point, remove the mushroom mixture from the heat and set it aside.
- Preheat oven to 400°F (200°C).

- Liberally season the outside of the tenderloin pieces with salt and pepper.
- In another medium-sized frying pan, heat 2 tablespoons of neutral oil over high heat. Once the oil has begun to smoke, quickly sear the tenderloin pieces on both sides (45-60 seconds per-side).
- Once seared, transfer the meat to a plate or cutting board to rest.
- Using a basting brush, generously paint the mustard over the resting pieces of beef, making sure to coat both sides.
- To assemble the Wellingtons, lay out a piece of puff pastry on a lightly floured surface. Place a piece of ham in the center of the pastry.
- Next, layer about 1 tablespoon of the mushroom mixture on the center of the ham using the back of a spoon to flatten the paste to about the size of the tenderloin pieces.
- Place one of the mustard-coated beef fillet on top of the mushroom mixture, then top the piece of beef with another spoonful of the mushroom mixture, making sure to pat it down flat across the top of the meat.
- Layer with another piece of ham and close the the Wellington by folding the puff pastry over the center of the meat.
- Using your hands, carefully seal the edges of the pastry then transfer SEAM-SIDE DOWN to a baking tray lined with parchment paper.
- Lightly brush the outside of each Wellington with egg wash.
- Using the back of a paring knife, lightly score the tops of the pasty in a checkered pattern, being careful not to pierce the pastry.
- Bake the Wellingtons in a 400°F (200°C) oven until the pastry is fully cooked and golden brown (about 20 minutes).
- Allow each Wellington to rest at least 10 minutes before cutting into it.

"Not For Ourselves, But For Others"

Melting Cauliflower

Ingredients

- **Cauliflower:** Use your hands to break the cauliflower into florets to help keep them intact. Large (1 1/2- to 2-inch) pieces are best because they retain their texture without becoming too soft.
- **Italian seasoning:** This mix of dried herbs often includes thyme, basil, rosemary, oregano, and marjoram. Buy it from the store or make your own [Italian seasoning herb blend](#).
- **Ground coriander:** This spice is the seed of the cilantro plant. While cilantro can be polarizing, coriander has a subtle flavor that is earthy and lemony.
- **Garlic:** Smash garlic cloves with the flat side of your knife to easily remove the peel and open the clove so that it can infuse the broth with flavor.
- **Broth:** This recipe was tested with both low-sodium vegetable and chicken broths, so rest assured that you can use either

Directions

1. Coat cauliflower in seasonings. Combine the seasonings with melted butter (or use olive oil to keep it vegan) and toss with the cauliflower florets to coat.
2. Roast until golden-brown. Roasting at a high temperature – 450°F – helps the cauliflower turn a rich golden-brown.
3. Add broth and cook until tender. Once both sides of the cauliflower have browned, add broth and garlic, then return to the oven so the florets can absorb those flavors.

Strawberry Cheesecake Bon Bons

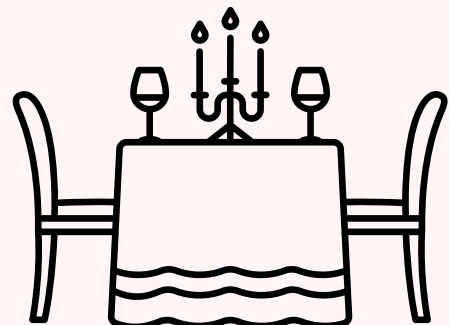
Ingredients

- 2 tablespoons [graham cracker crumbs](#)
- 2 tablespoons plain sweet biscuits, crumbled (such as the insides of a donut)
- 1 slice NY cheesecake, divided (recommended [Absolutely the Best New York Cheesecake \(Gluten-Free\)](#))
- 6 large [strawberries](#)
- 2 tablespoons hot fudge syrup

Directions

- Mix graham cracker crumbs, biscuit crumbs, and 3 Tbsp of the cheesecake and set aside. Hull the strawberries from the bottom (opposite the leaves) and set aside. NOTE: A potato peeler works great!
- Place remaining cheesecake (without crumbs) into a pastry bag. Fill strawberries with cheese filling, then smear the bottoms of strawberries with the crumb mixture.
- Drizzle hot fudge syrup over strawberries. Serve immediately or cover tray with plastic wrap and refrigerate till needed later that day.

enjoy



Contests, Reminders, and Opportunities

ETA PHI BETA **HΦB**
SORORITY, INCORPORATED



The 2024 Boulé Founders' Tribute Committee Needs Your Help!

Do you have photos of our eleven Founders throughout their years of service?

If so, please email them in a jpg or png format to the email below by 5/15/2024.
foundersday@etaphibetasorority.org

Thank you, in advance, for your help in making possible an extra special tribute to our Founders @ the 2024 Boulé!

Click below to send email
foundersday@etaphibetasorority.org

 **ETA PHI BETA SORORITY, INCORPORATED**
GRAND CHAPTER



T-SHIRT DESIGN CONTEST

Help Us Design the T-shirt for the Gloria Chapmon Walk-A-Thon For the 36th Biennial Grand Boule in Atlanta!

Winner(s) will receive bragging rights, a free t-shirt, and featured as the "Star of the Week" in the National Weekly Email & the Bradford Brief

Email your design to Soror Alicia Lynn Lancaster at aalancaster97@gmail.com by the deadline on March 1, 2024. The winner will be selected by the Walk-A-Thon Committee.

Specifications:
Red or Gold T-shirt Only.

- Design should use ONE ink color
- Design for the FRONT of the T-Shirt
- Must use the wording "Gloria Chapmon Walk-A-Thon"
- Designs will be judged on the artistry

Have Fun and Be Creative!

HΦB

ETA PHI BETA
SORORITY, INCORPORATED



GRAND EXECUTIVE BOARD MEETING

 **SATURDAY**
March 16, 2024

 **TIME**
11:00 am - 2:00 pm ET

 **FORMAT**
ZOOM

Cost is \$10.00 for Non-Board Members
Send payment to Mary S. Braziel by no later than 3/3/2024.

Reports for the time period of 9/2023-1/2024 from the following must be submitted in MS Word to elsierjefferson@hotmail.com by 3/3/2024:

- Grand Officers & Regional Directors
- Boulé Committee Chairs and Co-Chairs
- Chapter Basilei



REMINDER

2023-2024
PER CAPITA TAX DUE
No Later Than
March 31, 2024

\$1.00 per active chapter member or Regional Member At Large

Mail to:
Elsie Jefferson
Foundation Financial Secretary
3659 Kings Park Way
Decatur, GA 30034

[CLICK HERE](#)  for form and sponsorship details

"Not For Ourselves, But For Others"

MARCH

Boulé Watch



Only 4 months to Boulé



Coming up in the March issue

- Women's History Month
- Pre-Boulé Activities
- Pride in the Hive
- Deadlines
- #Love my Chapter Contest Winner
- Eta Phi Beta GHWs Community of Practice
- Youth Activities

"Not For Ourselves, But For Others"